



YWorry-Free

Every day, 1,500 parents go to work knowing their children are nurtured, safe and happy.

YWCA Bergen County is the area's largest provider of quality child care, with a dedicated Early Learning Center in Upper Saddle River, nursery schools in two locations, before/after care programs in 25+ schools throughout the county, and five affordable summer camps.

Which means less worry and more peace of mind for working parents. Just one reason "Y the W Makes a Difference."

 eliminating racism
empowering women
ywca
bergen county

Celebrating 90 years of making a difference
www.ywcabergencounty.org

201 Magazine - May 2010



YWellness Works Wonders

What exactly *is* wellness? At YWCA Bergen County, it's helping others achieve a sense of physical, emotional and social well-being. Whether it's boot camp or yoga; swimming or Zumba®; senior fitness or spinning; aqua-therapy or special needs recreation—the emphasis is on fulfillment as well as fitness. On building self-confidence as well as strength.

Because feeling wonderful is what YWellness is all about. Just one reason "Y the W Makes a Difference."



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YWe Count on You

Your donation matters at our YWCA.

Making a difference is a two-way street. When you give to us, it is the entire community who gives you thanks. Your generosity ensures that a trained advocate is at the other end of our Rape Crisis Hotline 24/7. That a scholarship is available when a family says they can't afford the safety and friendship of an after school or summer camp program for their son or daughter. And that a child with special needs can experience the wonders that our trained staff and volunteers work in the water.

Partnering with donors to bring our mission to life.
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