

Empower U(niversity):Girls Leadership Academy Class of 2019

September 2018

12 Kick-Off! / Empowered Leadership
YWCA Hackensack Location

26 Mentor Session (Meet our Team)
YWCA Hackensack Location

November 2018

7 Women in Business
Off Visit (Flomo)

21 Mentor Session (Women Owned Businesses)
YWCA Hackensack Location

January 2019

9 Mentor Session (Healthy Mind, Healthy Body)
YWCA Hackensack Location

23 Mind and Body Wellness / Self-Awareness
Off Site Visit (Hackensack Meridian)

March 2019

6 Mentor Session (Women's History Month)
YWCA Hackensack Location

20 Mentor Session: Women and Law
Federal Prosecutor Visit

May 2019

1 Mentor Session STEM Project
YWCA Hackensack Location

15 Environmental Services
Off Site Visit (SUEZ)

19 Mevo Farm, Mahwah, NJ
Volunteer Opportunity

October 2018

10 Mentor Session: Financial Literacy
(TD Bank)

24 Mentor Session – Finance Focus
YWCA Hackensack Location

December 2018

5 Mentor Session YWCA Hackensack Location (HealingSpace Volunteer Initiatives)

19 Holiday Networking Event
YWCA Hackensack Location

February 2019

6 Mentor Session YWCA Hackensack Location (KPMG Career Readiness)

20 Community Action and Civic Engagement
Off Site Visit (Health, Housing and Human Services Center) Volunteer Event

April 2019

3 Mentor Session Stand Against Racism
YWCA Hackensack Location

17 Mentor Session: Diversity & Inclusion
(Becton Dickinson)

June 2019

5 Mentor Session: Empowering Yourself
YWCA Hackensack Location

12 Empower U Graduation Party!
YWCA Hackensack Location